

# IPPA WORLD CONGRESS ON POSITIVE PSYCHOLOGY

20-23 JULY 2023 • VANCOUVER, CANADA

### The IPPA World Congress on Positive Psychology: A Must-Attend Event for HR Practitioners

Are you are an HR practitioner working in People & Culture and care deeply about creating a thriving workplace culture that prioritizes mental health and wellbeing, engagement, motivation and belonging in your organization?

Positive psychology is the scientific study of human flourishing. The IPPA World Congress is the largest global gathering of researchers and practitioners who focus on the science of wellbeing and how it can be used to support mental health, personal development, happiness and resilience in individuals and organizations.

#### **EMPLOYEE WELLBEING**



 Discover resources and tools to support employees in building wellbeing, bolstering resilience and buffering against stress,
 disengagement and burnout

#### **LEARNING & DEVELOPMENT**



 Learn the latest research and best practices for skill building around, wellbeing, social and emotional intelligence, strengths and psychological safety, particularly in the face of pandemic-related challenges

#### **WORKPLACE CULTURE**



 Explore strategies and techniques for cultivating positive group dynamics, trust and respect within organizations to foster a positive workplace culture that prioritizes the wellbeing of all stakeholders

Spaces limited! **REGISTER NOW** 

Questions? For more information visit: **WWW.IPPAWORLDCONGRESS.ORG** 



## 130+ hours of program content

Presentations

Symposiums 5 4 1

delivered through a variety of session formats.
Choose a path that fits your needs and interests!