



# IPPA WORLD CONGRESS ON POSITIVE PSYCHOLOGY

20-23 JULY 2023 • VANCOUVER, CANADA

## The IPPA World Congress on Positive Psychology: A Must-Attend Event for Health & Wellness Practitioners

Are you a health & wellness practitioner who cares about the wellbeing of your clients and colleagues, desires to build community with like-minded peers who are passionate about evidence-based practice?

Positive psychology is the scientific study of human flourishing. The IPPA World Congress is the largest global gathering of researchers and practitioners who focus on the science of well-being and how it can be used to support mental health, personal development, happiness and resilience in individuals and organizations.

### CLIENT WELLBEING



- Discover resources and tools to support clients in building wellbeing, bolstering resilience and buffering against high pressures and stress

### PRACTITIONER WELLBEING



- Learn practical strategies for maintaining your mental health and wellbeing as a practitioner, whether you work on your own or with others

### COMMUNITY RELATIONS



- Explore strategies for building positive group dynamics, fostering psychological safety, and creating inclusive and respectful environments where community members feel seen, heard, and respected

Spaces limited!  
**REGISTER NOW**

Questions? For more information visit:  
**WWW.IPPAWORLDCONGRESS.ORG**



Panel  
Discussions



Podium &  
Keynote Talks



Workshops



Symposiums



Ignite  
Presentations

**130+ hours of  
program content**  
delivered through a variety  
of session formats.  
Choose a path that fits  
your needs and interests!