



# IPPA WORLD CONGRESS ON POSITIVE PSYCHOLOGY

20-23 JULY 2023 • VANCOUVER, CANADA

## The IPPA World Congress on Positive Psychology: A Must-Attend Event for Medical Professionals

Are you a medical professional who knows that well-being is not just the absence of illness and want to learn more about the research, theory and practice of psychological wellbeing for your patients, yourself and your colleagues?

Positive psychology is the scientific study of human flourishing. The IPPA World Congress is the largest global gathering of researchers and practitioners who focus on the science of well-being and how it can be used to support mental and physical health, personal development, happiness and resilience in individuals and organizations.

### PATIENT WELLBEING



- Discover resources and tools to support patients in building physical health and psychological wellbeing, bolstering resilience and buffering against the high pressures and stresses of life

### PRACTITIONER WELLBEING



- Examine the current research on how professionals worldwide are responding to high pressures and increased stress, and discover strategies used to prevent disengagement or burnout and prioritize wellbeing for medical professionals

### COMMUNITY RELATIONS



- Explore strategies and techniques for cultivating positive group dynamics and psychological safety within hospitals and medical practices to foster a systemic shift toward a positive workplace culture that prioritizes the wellbeing of all stakeholders

Spaces limited!

**REGISTER NOW**

Questions? For more information visit:

**WWW.IPPAWORLDCONGRESS.ORG**



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