

IPPA WORLD CONGRESS ON POSITIVE PSYCHOLOGY

20-23 JULY 2023 • VANCOUVER, CANADA

The IPPA World Congress on Positive Psychology: A Must-Attend Event for Military & Law Enforcement Personnel

Are you connected to the military or law enforcement and care about the mental-health, resilience & well-being of your colleagues, their families and the communities you serve?

Positive psychology is the scientific study of human flourishing. The IPPA World Congress is the largest global gathering of researchers and practitioners who focus on the science of wellbeing and how it can be used to support mental health, personal development, happiness and resilience in individuals and organizations.

SERVICE MEMBER & OFFICER WELLBEING



 Proactively enhance the mental health, resilience, and wellbeing of military and first responders with evidence-based strategies and resources that support those in roles with high pressure stress and operational demands.

SYSTEMIC WORKPLACE CULTURE



Explore strategies and best practices for building positive group dynamics and fostering psychological safety to enhance workplace
 cultures where individuals feel seen, heard, and respected

COMMUNITY RELATIONS



 Gain insights into effective methods for establishing and maintaining positive relationships within communities, while promoting mutual trust and empathy

Spaces limited! **REGISTER NOW**

Questions? For more information visit: **WWW.IPPAWORLDCONGRESS.ORG**







130+ hours of program content

delivered through a variety of session formats.
Choose a path that fits your needs and interests!